



Discover, celebrate, and savor the abundance of Indiana's fresh, in-season, and local foods.

Want to find information about eating locally and in season in Indiana?

Looking for some recipes for the vegetables, fruits and herbs growing in your home garden or that you bought from the Farmers' Market?

Need some ideas for an afternoon culinary road trip?

Want to support our local farmers and food producers?

Like to share your ideas and learn from others about eating more healthfully and responsibly by using locally available foods?

Visit the GOING LOCAL blog and find:

Sources for delicious, healthy, locally grown, and in-season foods.

Information about Indiana farmers, businesses, and individuals who grow, raise, produce, and sell local foods.

Recipes and tips for preparing seasonal dishes that are healthy, quick, easy, and delicious.

A community for sharing your thoughts, ideas, and experiences for GOING LOCAL in Indiana.

Visit GOING LOCAL today.

www.goinglocal-info.com